



Tom Myers' revolutionary re-vision of musculo-skeletal anatomy in terms of functionally connected lines of myofascia. This workshop gives a new perspective and a new way to assess clients' posture and movement. All 11 myofascial meridians are described, palpated, and used in postural assessment, with many illustrations and examples. 1/3 of the time is spent on presenting new anatomical concepts, 1/3 on visual assessment using the Anatomy Trains system, and 1/3 on fascial plane and myofascial release techniques from the KMI Structural Integration 'library'.

THE ANATOMY TRAINS

For information on upcoming Anatomy Trains Courses, visit www.anatomytrains.com

Mark Finch Dip Mass, KMI

Mark Finch has been a body worker since 1996. He has completed training in Therapeutic Massage, Neuromuscular therapy, Kinesis Myofascial Integration (KMI) and most recently Visceral Manipulation. He has successfully treated in a variety of therapeutic settings, from touring with the Riverdance troupe to maintaining a busy practice in Vancouver BC.

Mark teaches 'The Anatomy Trains' and 'Fascia, Its Structure and Function' in numerous international venues. He brings a deep foundation of clinical skill to his teaching, and this combined with his passion for learning and manual therapy make him a dynamic presenter.

For information on upcoming Anatomy Trains Courses taught by Mark Finch, visit www.markfinch.ca.

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