

FASCIA

ITS STRUCTURE AND FUNCTION

The structure and function of fascial tissue is becoming more precisely understood as the science in this field progresses. Exciting new information about fascia helps build a new perspective of manual treatment.

This workshop is designed to help the clinician understand fascia and integrate this perspective into their treatment.

In this workshop you can expect to:

- Learn recent and significant scientific findings in the world of fascia.
- Understand how a fascial approach integrates into the clinical picture.
- Assess, Palpate and Treat key fascial structures.

The Pelvic Girdle

The Pelvic Girdle is central to balance and function of the entire body. Fascial strain in the legs, trunk or pelvis itself can create postural compensation and movement dysfunction. These imbalances can be the underlying causes of pain or restriction. Treating the pelvis from a fascial perspective, is a powerful tool for any manual therapist.

For information on upcoming sessions of this course, visit www.markfinch.ca.

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Mark Finch Dip Mass, KMI

Mark Finch has been a body worker since 1996. He has completed training in Therapeutic Massage, Neuromuscular therapy, Kinesis Myofascial Integration (KMI) and most recently Visceral Manipulation. He has successfully treated in a variety of therapeutic settings, from touring with the Riverdance troupe to maintaining a busy practice in Vancouver BC.

Mark teaches 'The Anatomy Trains' and 'Fascia, Its Structure and Function' in numerous international venues. He brings a deep foundation of clinical skill to his teaching, and this combined with his passion for learning and manual therapy make him a dynamic presenter.

